

Thought for the week:
Let us think of the host of angels,
how they stand by and serve his will.
Clement of Rome

Today in St. Michael's we are celebrating our Patronal Festival, and tonight at 7pm in St. Teilo's will be the Great British Pizza Bake to welcome students to the parish. All welcome.

Many thanks to everyone who took part in the Autumn Fayre yesterday in St. Michael's. Meg and I were so sorry to miss it as we had to be at the annual Diocesan Conference - three line whip from the Bishop! *Caroline*

Donations are needed towards the cost of flowers for Harvest (and all occasions) in St. Michael's. Please see Val if you would like to contribute - perhaps in memory of a loved one or to mark a special occasion. Thank you!

Our Harvest Appeal this year is for 'Life Straws' - a portable water filter that effectively removes bacteria and parasites to provide easy access to safe, clean water. Collecting tins will be available in both churches. It's also lovely to have children bring something to offer to the altar at Harvest and so if they could bring an item or two of tinned or packaged food, that would be wonderful.

NOTES & QUERIES

- ✦ The Meeting Room Café opens between 11.30am and 2pm next Saturday October 6th, and Sunday October 7th is the Cardiff Half Marathon so there will be no morning services in the parish owing to the various road closures, but there will be a Eucharist for the whole parish at 4pm in St. Michael's, followed by HARVEST SUPPER! - our annual event which celebrates the bountiful generosity of our loving God through company, food and drink. All welcome. Signing-up lists are in both churches.
- ✦ There will be a Reader Breakfast Morning on October 13th in St. Michael's. Time: TBC.
- ✦ Concert by Sine Nomine choir in St. Teilo's on Saturday, October 13th, at 7.30pm. An evening of choral and instrumental music, including Haydn's *Little Organ Mass*. Tickets are £7, to include a programme and refreshments. Please support this concert as some of the proceeds go towards the church.
- ✦ Sunday, October 14th: Sunday Evening Events (was SAS) - Harvest Fun Night in St. Michael's between 6pm and 7.30pm.
- ✦ Sunday, October 28th: Taizé service in St. Teilo's at 7pm.

*Readings for next Sunday, Trinity 19, are:
Genesis 2:18-24; Hebrews 1:1-4; 2:5-12; Psalm 8, Mark 10:2-16*

THE PARISH OF CATHAYS

Priest-in-Charge:
Rev'd Caroline Downs
Tel: (029) 20495699

Assistant Curate:
Rev'd Meg Underdown (029) 20331988

Readers:
Liz Haigh (029) 20496902
Peter Swinbank (029) 20232216
Matthew Dixon 0771 5573013

Parish Wardens:
Paul Gregory (029) 20403954
Geraldine Payne 0794 7804134

Sub-wardens (St. Michael's):
Jeff Doidge (029) 20395050
Mike Payne

Sub-wardens (St. Teilo's):
Joan Stevens (029) 20755374
Mark Beveridge

PCC Secretary:
Rhiannon Williams
Please contact Rev'd Caroline to arrange baptisms, marriages, banns, and Holy Communion for the sick and housebound. Please let Caroline know if anyone wishes to be prayed for, is ill or in hospital or would welcome a visit.

THE PARISH OF CATHAYS

THE CHURCHES OF
ST. ANDREW & ST. TEILO,
WOODVILLE RD.
ST. MICHAEL & ALL ANGELS,
WHITCHURCH RD.

September 30th

2018

Trinity 18

Year B

Everyone is welcome here. In St. Michael's you will find a Sunday School, at which all young children are very welcome. There is a family service on the first Sunday of each month. In St. Teilo's we have a choir in university term-time, and the church has traditionally been a place of worship for students, as well as the wider community. If you are new to the church please make yourself known to Caroline, the Wardens, or a member of the congregation. Please stay for tea or coffee after the service.

THIS WEEK IN THE PARISH

ST. TEILO'S

Tonight, 7pm
Freshers Event - the Great British Pizza bake!

Saturday, 11.30am - 2pm
Meeting Room Café

ST. MONICA'S

Wednesday, 9am
Assembly

ST. MICHAEL'S

Monday, 3.15pm
Sunday on Monday

Thursday, 9.30am
Holy Eucharist

For more detailed information on all our activities, please visit our website:
www.cathaysparish.org.uk



Have salt in yourselves, and be at peace with one another.

Collect of the day:

Almighty and everlasting God, increase in us your gift of faith that, forsaking what lies behind and reaching out to that which is before, we may run the way of your commandments and win the crown of everlasting joy; through Jesus Christ our Lord. **AMEN.**



Numbers 11: 4-6,10-16,24-29

In the second year after the Israelites had come out of the land of Egypt, the rabble among them had a strong craving; and the Israelites also wept again, and said, "If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic; but now our strength is dried up, and there is nothing at all but this manna to look at." Moses heard the people weeping throughout their families, all at the entrances of their tents. Then the Lord became very angry, and Moses was displeased. So Moses said to the Lord, "Why have you treated your servant so badly? Why have I not found favour in your sight, that you lay the burden of all this people on me? Did I conceive all this people? Did I give birth to them, that you should say to me, Carry them in your bosom, as a nurse carries a sucking child, to the land that you promised on oath to their ancestors? Where am I to get meat to give to all this people? For they come weeping to me and say, Give us meat to eat! I am not able to carry all this people alone, for they are too heavy for me. If this is the way you are going to treat me, put me to death at once – if I have found favour in your sight – and do not let me see my misery." So the Lord said to Moses, "Gather for me seventy of the elders of Israel, whom you know to be the elders of the people and officers over them; bring them to the tent of meeting, and have them take their place there with you. So Moses went out and told the people the words of the Lord; and he gathered seventy elders of the people, and placed them all around the tent. Then the Lord came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again. Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, "Eldad and Medad are prophesying in the camp." And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, "My lord Moses, stop them!" But Moses said to him, "Are you jealous for my sake? Would that all the Lord's people were prophets, and that the Lord would put his spirit on them!"

Silence

Reader: This is the word of the Lord.

Response: **Thanks be to God.**

James 5:13-20

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest. My brothers and sisters, if anyone among you wanders from

the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

Silence

Reader: This is the word of the Lord

Response: **Thanks be to God.**

Psalm 19:7-14

STAND

The law of the Lord is perfect, re- / ving • the / soul: the testimony of the Lord is sure * and gives / wisdom / to the / simple.

The statutes of the Lord are right and re- / joice the / heart: the commandment of the Lord is pure and gives / light / to the / eyes.

The fear of the Lord is clean and en- / dures for / ever: the judgements of the Lord are true and / righteous / alto- / gether.

More to be desired are they than gold, * more than / much fine / gold: sweeter also than honey, / dripping / from the / honeycomb.

By them also is your / servant / taught: and in keeping them / there is / great re- / ward. Who can tell how often / they of- / fend: O cleanse me / from my / secret / faults!

Keep your servant also from presumptuous sins * lest they get do- / minion / over me: so shall I be undefiled, and / innocent • of / great of- / fence.

Let the words of my mouth and the meditation of my heart * be acceptable / in your / sight: O Lord, my / strength and / my re- / deemer.

STAND

Priest:

Listen to the Gospel of Christ according to Saint Mark

Response:

Glory to you, O Lord

Mark 9:38-50

John said to Jesus, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward. "If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched. "For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another."

After the Gospel:

This is the Gospel of the Lord.

Response:

Praise to you, O Christ.