

Thought for the week:

The disciple is not there to jot down ideas and then go away and think about them. The disciple is where he or she is in order to be changed; so that the way in which he or she sees and experiences the whole world changes.

Rowan Williams

Thank you to our faithful team who made our Christingles for St. Michael's last week. All of the children attending both churches received one, and all of the Sunday on Monday children too! Thank you to all involved in any way with the Meeting Room café at St. Teilo's last Saturday. It was a wonderful event all round. We now look forward to the next one with a Welsh flavour on the March 2nd. Any vegan or vegetarian Welsh cakes and bara brith would be really welcome! Thank you to the cleaning party at St. Teilo's who keep sprucing up the grand old church!

This term's Events Diary is available in both churches. Please take a copy home.

Caroline is not available on Tuesday as she has a vocations meeting.

THE PARISH OF CATHAYS

Priest-in-Charge / *Offeiriad mewn Gofaf.*

Rev'd Caroline Downs
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Readers:

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Paul Gregory (029) 20403954
Geraldine Payne 0794 7804134

Sub-wardens (St. Michael's):

Jeff Doidge (029) 20395050
Mike Payne

Sub-wardens (St. Teilo's):

Mark Beveridge
Joan Stevens (029) 20755374

PCC Secretary:

Rhiannon Williams
Please contact Rev'd Caroline to arrange baptisms, marriages, banns, and Holy Communion for the sick and housebound. Please let Caroline know if anyone wishes to be prayed for, is ill or in hospital or would welcome a visit.

Notes & Queries

✦ **Parish Lent Sessions: Twelve**

To enable those who wish to attend the Bishop's Lent group, we will have three devotional evenings in Lent on a Thursday evening where we hear individual stories which encourage us to ponder upon our faith as we approach Holy Week and Easter. The dates are Thursday 28th March, Thursday 4th April and Thursday 11th April. All at 7.00pm – 8.15 in St. Michaels.

✦ **Can you help?** St. Monica's school is holding a week of prayer for the children and community. The event will take place in the school hall and side rooms. We are hoping to have about nine activities in that space, each run by a volunteer. Groups of children will move around the activities, spending about half an hour at each one. People from our churches are really needed to sit in the rooms and look after the spaces. Can anyone manage to cover a prayer space (even for an hour or so) on the Tuesday 19th Feb between 8.30am - 2.30pm? Or on Wed 20th Feb: 3.30pm - 5pm when the prayer spaces will be open to parents? Or on Thurs 21st Feb: 8.30am - 2.30pm. On Friday 22nd Feb at 2.15pm: all volunteers are invited to school assembly if they can manage it. I have a really busy week and will be there when I can and it would be wonderful if we could help with this. Can you let me know? *Caroline xxx*

THE PARISH OF CATHAYS

PLWYF CATHAYS

THE CHURCHES OF

ST. ANDREW & ST. TEILO,

WOODVILLE RD.

ST. MICHAEL & ALL ANGELS,

WHITCHURCH RD.

February 10th 2019

4th Sunday before

Lent

Year C

Everyone is welcome here. In St. Michael's you will find a Sunday School, at which all young children are very welcome. There is a family service on the first Sunday of each month. In St. Teilo's we have a choir in university term-time, and the church has traditionally been a place of worship for students, as well as the wider community. If you are new to the church please make yourself known to Caroline, the Wardens, or a member of the congregation. Please stay for tea or coffee after the service.

THIS WEEK IN THE PARISH

ST. TEILO'S

ST. MICHAEL'S

ST. MONICA'S

Wednesday, 9am
Assembly

Monday, 3.15pm
'Sunday on Monday'

Thursday, 9.30am
Holy Eucharist

For more detailed information on all our activities, please visit our website:
www.cathaysparish.org.uk

*Readings for next Sunday, 3rd before Lent, are:
Jeremiah 17:5-10; 1 Corinthians 15:12-20; Psalm 1;
Luke 6:17-26*



Then Jesus said to Simon, "Do not be afraid; from now on you will be catching people."

Collect of the day:

Almighty God, by whose grace alone we are accepted and called to your service: strengthen us by your Holy Spirit and make us worthy of our calling; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **AMEN.**



Isaiah 6: 1 - 8

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said: "Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory." The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the LORD of hosts!" Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!"

Silence

Reader: This is the word of the Lord.

Response: **Thanks be to God.**

The Epistle.

1 Corinthians 15: 1- 11

I should remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, through which also you are being saved, if you hold firmly to the message that I proclaimed to you – unless you have come to believe in vain. For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive, though some have died. Then he appeared to James, then to all the apostles. Last of all, as to one untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace toward me has not been in vain. On the contrary, I worked harder than any of them – though it was not I, but the grace of God that is with me. Whether then it was I or they, so we proclaim and so you have come to believe.

Silence

Reader: This is the word of the Lord

Response: **Thanks be to God.**

Psalm 24

I will give thanks to you, O Lord, with my / whole / heart: before the gods will / I sing / praise to / you.

I will bow down towards your holy temple and praise your name, * because of your / love and / faithfulness: for you have glorified your name – / and your / word • above / all things.

In the day that I called to you, you / answered / me: you / put new / strength • in my / soul.

All the kings of the earth shall / praise you, • O / Lord: for they have / heard the / words • of your / mouth.

They shall sing of the / ways • of the / Lord: that great is the / glory / of the / Lord. Though the Lord be high, * he watches / over the / lowly: as for the proud, * he re- / gards them / from a- / far.

Though I walk in the midst of trouble, / you • will pre- / serve me: you will stretch forth your hand against the fury of my enemies; * / your right / hand will / save me.

The Lord shall make good his / purpose / for me: your loving-kindness, O Lord, endures for ever; * for- / sake • not the / work of • your / hands.

The Gospel.

Priest: Listen to the Gospel of Christ according to Saint Luke

Response: **Glory to you, O Lord**

Luke 5: 1-11

While Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, "Put out into the deep water and let down your nets for a catch." Simon answered, "Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets." When they had done this, they caught so many fish that their nets were beginning to break. So they signalled their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus knees, saying, "Go away from me, Lord, for I am a sinful man!" For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, "Do not be afraid; from now on you will be catching people." When they had brought their boats to shore, they left everything and followed Jesus.

After the Gospel:

This is the Gospel of the Lord.

Response:

Praise to you, O Christ.